

Mind Magic 101

Break-free from Mundane Thinking





Allow me introduce myself...

My name is Nikki Wouters and it was no accident that you were drawn to my sparkly space on the internet - your intuition called you are here for a very special reason.

To finally get out of your head and discover the IMPACT and ABUNDANCE you can create when you begin allowing your business - and your life - to be come into full internal and universal alignment.

I have been exploring my creativity, intuition, magic - and what the heck that means for me - for as long as I can remember.

When I finally pieced it all together and saw real and tangible magic being made in my life I knew it was time to share this with others who desired a more magical life and business.

I coach entrepreneurs to know, trust and embrace their intuition and take Practical Magical steps to create the life and business they desire.

Today we go on a journey towards Magic, Abundance and the life you deserve to be living.

Lean in and enjoy the process!

Nikki Wouters

EXPERT TAROT READER,
INTUITIVE COACH AND CREATOR













BEFORE YOUR JOURNEY BEGINS:

- Take the time to calm your mind, get grounded and consider each statement.
- Awareness is a must - judgement has no place here.
- Whatever your result celebrate this step, honour where you are and trust you are more ready than ever for a magical life.

Take an inventory of where you are currently. Rate yourself from 1 to 10.

- 1 Being my own person, knowing my own mind and trusting myself to go my own way is a non-negotiable for me. I am heavily guided by intuition. 
- 2 Each relationship in my life and business has a place and a purpose. I am clear on my boundaries and they are honoured. 
- 3 I am clear on my values, my standards and my priorities. In fact, all aspects of my life and business reflect what is important to me. 
- 4 My day has been designed purposefully to incorporate what I desire to do. I know that each task and activity is a choice and I am happy to commit to them. 
- 5 I wake up excited and eager each day. I am curious to see what the day brings and believe that manifestations and miracles are on the way! 
- 6 I am healthy, happy and I feel great in my own skin. I have created a fantastic relationship with my mind, body and soul. 
- 7 My life has meaning. There is something beyond myself and my comfort that drives me forward and keeps me motivated. This is my mission - my purpose - my guiding light. 
- 8 Abundance is a part of my life. I manifest money with ease and I trust that there is always more on the way to me at all times. 

Based on your Inventory Results

Identify 3 areas that are currently feeling mundane or less than satisfactory and you desire to improve.

1

2

3

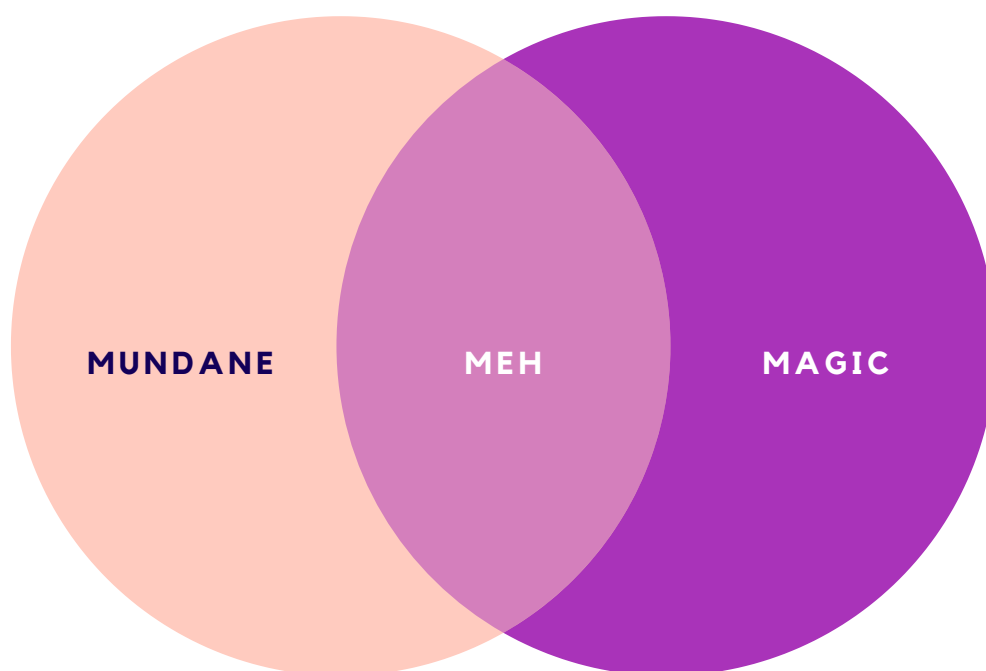
**DIG DEEP. HOW WILL THIS IMPROVE YOUR LIFE?
WHAT CHANGES NEED TO OCCUR?**

BRAIN DUMP YOUR OWN THOUGHTS HERE:



**Now that you have identified the mundane areas
you can DO something about them.**

Study the diagram below: it will help you with the following
activity.



MAGICAL MINDSET REFRAMES

MUNDANE

This is our low vibe, short sighted and heavy energy thoughts that keep us stuck in the mundane

"I can't..."

"I'll never..."

"It always..."

"Why do I even bother..."

MAGIC

These are our higher vibe, open eyed and inspired thoughts that lift and open us up to magic!

"I'll figure out how to..."

"I'll begin..."

"My new reality is..."

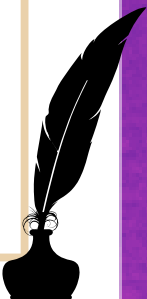
"What can I learn from this..."

MUNDANE:

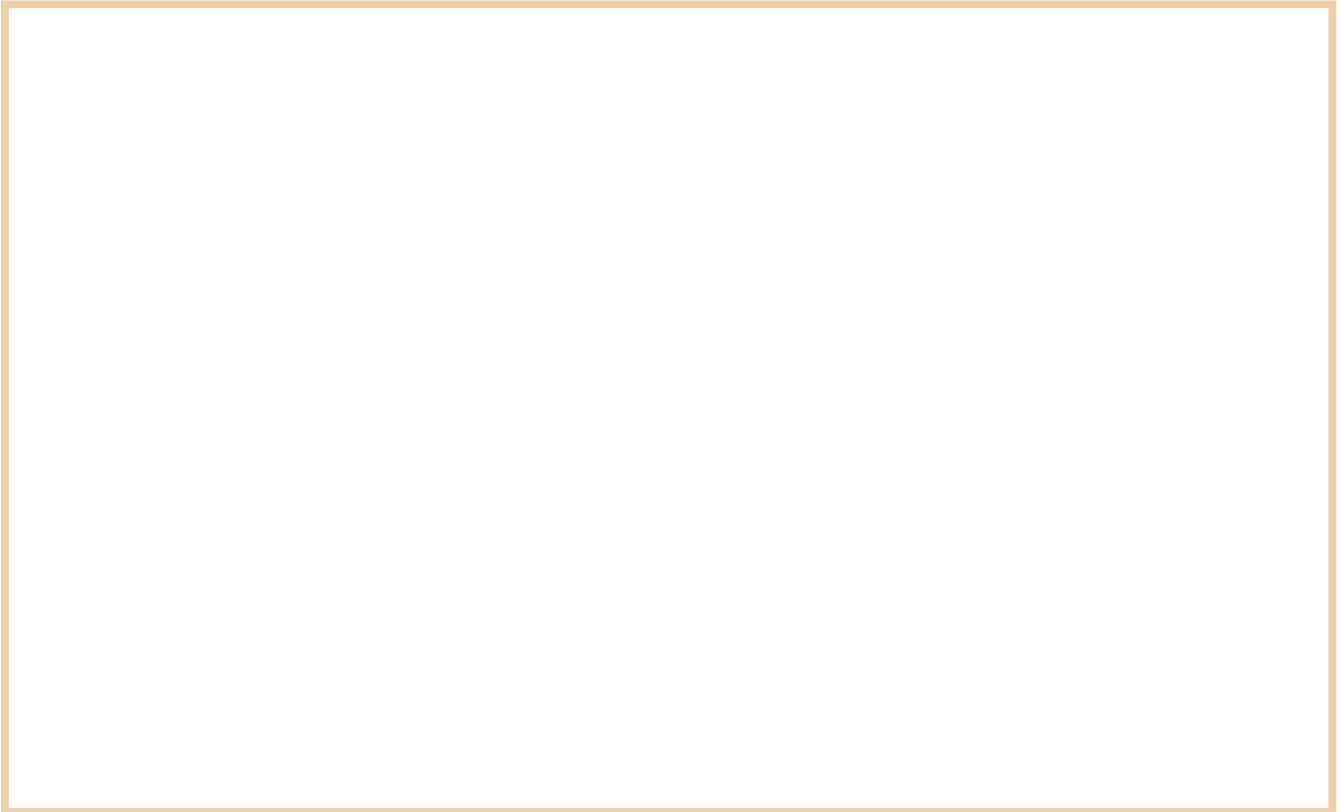
Write down your most common mundane thoughts.

MAGIC:

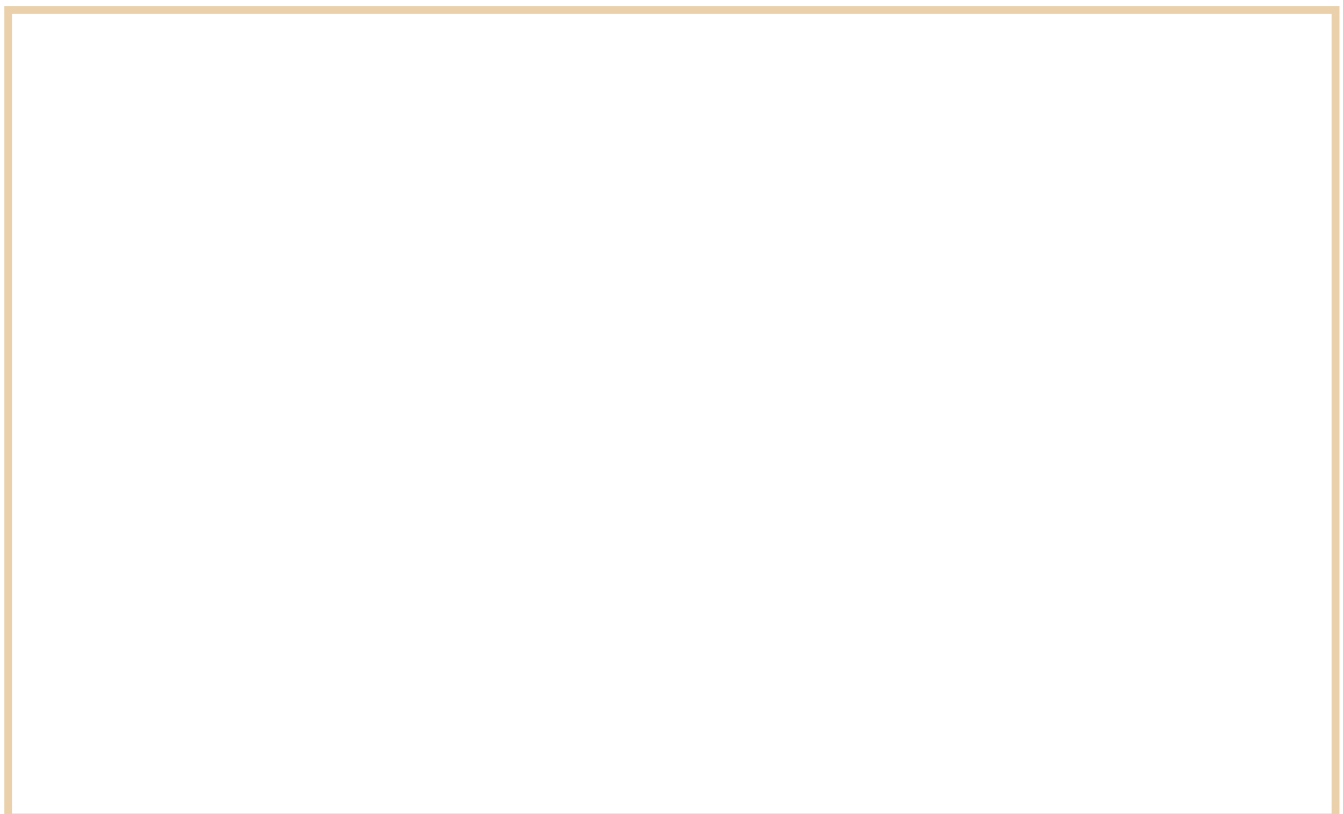
Create your new magical thoughts that you align with.



What was your #1 aha moment?



What are 3 things you can do to continue improving this area of your life or business?



Practical Magic

Track your success: each day rate yourself 1-10 on how effective your magical reframes were!

MON

TUE

WED

THUR

FRI

SAT

SUN

NOTES:



Let's stay connected:

And make sure to tag me in any of those magical AHA moments!

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